



# PROVIDER ALERT

March 6, 2023

**Alert Summary:** This alert reminds providers that unit counts for threshold services will begin after the conclusion of the Public Health Emergency (PHE) on May 11, 2023.

Dear Provider,

Thank you for serving our members during the COVID-19 Public Health Emergency (PHE). During the PHE, the Idaho Division of Medicaid directed Optum Idaho to pause the threshold authorization requirements for certain services (see [April 17, 2020 provider alert](#)). When the PHE ends on May 11, 2023, Medicaid has directed Optum Idaho to bring back the threshold authorization requirements.

**On May 12, 2023, the thresholds will restart for the following services:**

- Extended office visits – 90837, 90838 (12 units/year)
- Case Management - T1017 (240 units/year)
- Skills Building/CBRS (308 units/year) (See Skills Building/CBRS provider alert)
- Peer Services
  - Peer Support – H0038 (416 units/year)
  - Youth Support – H0038 (416 units/year)
  - Recovery Coaching – H0038 HF (416 units/year)
  - Family Support – H0046 (416 units/year)

**Units used before May 12, 2023 will not count toward the thresholds.** The units for these services are provided per member and per calendar year: thresholds will be renewed annually. These services, like all services, should be provided only when medically necessary. When additional services are required, they must be requested in advance of the provision of the services. Service request forms can be found at [optumidaho.com](https://optumidaho.com) > For Network Providers > [Forms](#).

For clinical authorization criteria and/or process questions, please visit [optumidaho.com](https://optumidaho.com) or call the Optum Provider Line at 855-202-0983 and select Option 1 for Clinical. For all other questions, please contact your provider relations advocate.

Thank you,

The Optum Idaho Team